



## Health in a changing world

This international module is organised with the support of the  
COEHRE Academy



## ASSIGNMENTS FOR MODULE 1 IN DISTANCE LEARNING

### Assignment 1 – Research on the health care system in your country

#### Aim

Research on health care policies and structures in the home country taking into account the historical perspective as well as political, socio-economical and other features. The education of health care professionals is also subject of this assignment. The aim is to enable students to evaluate, compare and contrast the preparation of professionals between different countries and to explore the implications of this on health care delivery.

#### Assignment

We want you to work on several objectives:

1. Short explanation of your country:
  - history, background, social and political system, etc.

2. Statistics:

##### ***Population estimates***

Total population

Annual population growth rate (%)

Percentage of population aged +60 years,

Percentage of population aged +60 years in 2025

##### ***Health indicators***

Life expectancy at birth (years)

Total population

Males

Females

Child mortality (probability of dying under age 5 years) (per 1000)

Males

Females

***Selected national health accounts indicators***

Total health expenditure

Total expenditure on health as % of GDP

Estimates of health personnel per 100.000 inhabitants (Physicians, Nurses, Midwives, Pharmacists, Physiotherapists, Dietician, Occupational Therapists, Medical Doctors)

3. An explanation about your countries health care system  
Structure, financial, main problems, etc
4. Data and set-up of the professional training  
Position of those professionals in the health system, etc

From these objectives, we want you to prepare a stand on the market place that will be organised during module 2.

Several countries are participating, so this is a nice opportunity to compare countries, health systems and data.

## Assignment 2– Study visit

### Aim

The module aims on recent developments within society and in the area of global health such as aging and environmental changes in the different countries. The course focuses in particular on autonomy, capacity building and empowerment of clients within health care, user involvement of clients, community capacity building and health promotion and a changing communication with clients.

The aim of this assignment is to give students a basis for analysing actual problems and situations and to prepare interdisciplinary solutions within the field of health care and community health care.

### Assignment

We want you to work on several objectives:

1. Within your country: what are the actual hot-issues in relation to changes in society and in relation to health care? Focus on an area that is not so common for you.
2. Make a **study visit** to an innovative setting in this area.
3. How is interdisciplinary cooperation within this field?

## Assignment 3 – Reflections on “Health in a Changing World

Make some time to reflect on ‘Health in a **Changing World**’.

What is changing in the world, in your country, in your environment, for you personal?

How is health and healthcare influenced by those changes?

## Assignment 4 – Multi sensorial cultural evening

During the IP, we will organize an intercultural evening. It will be an evening where we can have fun together while discovering things about each other's countries.

We invite you to present your country using the different senses: visual elements, listening, touch, smells, taste, and other senses ... Use your imagination!!

### **1<sup>st</sup> session: The Market of Countries**

Each group of representatives from one country will have a table at its disposal in order to personalize it (you can bring flags, posters, flyers etc.) and present its speciality (food, drinks, traditional objects). It will not be possible to use PowerPoint or video presentations, so when the others pass in front of your stand you will have to tell them aspects about your country, individually.

### **2<sup>nd</sup> session: Let's dance together!**

Each group of national representatives will have to teach the other participants at least 2 traditional dances. Please ask your parents/grandparents to teach you some if you don't remember/know any.

What you could bring with you?

- Traditional food (sweets, cakes, dry deserts, cheese, traditional salami etc.)
- Traditional drinks (alcohol is allowed in moderate quantities)
- Traditional music (10-20 songs/country, MP3 format)
- Promotion materials (flags, posters, flyers, brochures, pictures etc.)
- Small traditional objects (small music instruments, small pottery etc. – whatever you consider representative)
- Traditional costumes (and wear them, if possible)

We don't have access to a kitchen, so you will have to bring food that is already prepared. Please try to bring food that can stay at 'room temperature' because we will have access to only 1 fridge that will be shared among all participants. We don't have access to internet in that room, so please prepare the music on beforehand and do not count on YouTube clips.

### **Please prepare seriously for the Intercultural Evening!**

Divide the tasks (and things to bring) among you!

We would like to prevent the situation where some are very well prepared and others have practically nothing to present about their country at all.

If you might have any questions, please do not hesitate to discuss this with your local tutor, to contact the other students of the distance learning module, or to mail to [anne.vanautryve@arteveldehs.be](mailto:anne.vanautryve@arteveldehs.be)

The ICHCI-team!